

FISH DISHES

Beer Battered Cod £5.95
Served with a choice of potatoes, tartar sauce, salad garnish or mushy peas

Breaded Wholetail Scampi £5.95
Served with a choice of potatoes, tartar sauce, salad garnish or mushy peas

Oak Salmon £12.95
Oven baked in all its flavour and presented with a Sweet Chilli Salsa

The Union Cod £ 6.35
North Atlantic Cod crusted with Mediterranean herbs cooked to release Atlantic & Mediterranean flavours.

Sea Bass Ocean Pride £7.35
Pan Sealed Sea Bass with lemon flavours exploding on your dish and a rich seafood cream

VEGETARIAN DISHES

Mushroom Delight £7.50
Wonderfully rich mushroom fricassee in a light puff pastry

Roasted Veg Frittata £ 6.35
A Medley of Pan roasted vegetables

Vegetarian Burger £ 6.35
Creamy Mashed Potatoes with Cheese, Pan Roasted Vegetables, Seasoned Tomatoes, and French Toast

Children's MENU £2.95

Sausage & Mash

Pizza & Chips

Spaghetti Bolognese & Garlic Bread

Fish Fingers & Chips

Burger & Chips

FIRE IN THE HEART OF THE DRAGON - CURRIES

THE NEW WELSH TRADITION

STARTERS £2.95

*Onion Bhajee - Samosas - Tandoori Chicken
All served with mint sauce and salad garnish*

MAIN COURSES

Korma £5.95
A mild curry with coconut milk best with the lighter flavoured meats such as Chicken, Pork or Turkey

Madras £5.25
A Hot definitive taste of the East works perfectly with any choice of meat or vegetables

Tandoori Masala £5.95
A deeply spiced tandoori mix cured on your choice of meat and slow cooked to keep all your flavours locked in

Red Dragon £5.95
A celebration of the new Welsh Tradition. Our chefs have taken the wild spices of India Blended these with tomatoes from the New World & Mexican Peppers to create a stunning sauce that works with a range of meats.

Thai Red Curry £ 5.95
A coconut & lemon grass based dish

Thai Green Curry £ 5.95
Coconut based but using a traditional green chilli paste for a hot seasoning

Sweet Chilli Noodles £ 6.35
A rich mix of soft noodles, chicken & pork with lemon grass & chillies

Sides from
£1.75

Side Orders & Sauces

*Garlic Bread £1.75
Onion rings £1.50
Shoestring Chips £2.25
Panache of Vegetables £1.50
Side Salad £1.95
Spiced Coleslaw £1.75
Jack Daniels BBQ Sauce £1.95
Red Wine Sauce £1.50
Power Sauce £1.50
Steak Diane Sauce £1.50
Mushroom Sauce £1.50
Béarnaise Sauce £1.75*

MENU

14 LOCKS RESTAURANT

@ THE OLDE OAK
INN

01633 892799

WELSH

STEAKS

PASTA

BURGERS

FISH

TEX MEX

VEGETARIAN

EASTERN

The Olde Oak ----- Where Dining IS Entertainment

www.theoldeoakinn.co.uk

Ruskin Avenue - Rogerstone - NP10 0AA

STARTERS

- Soup of the Day** £2.50
Homemade soup served with a fresh artesian bread roll
- Breaded Garlic Mushrooms** £2.95
With Garlic Bread
- Terrine of Duck & Orange Pate** £3.95
Chicken liver parfait, rich spiced pear chutney with herb crustini
- Prawn Cocktail** £2.95
Chilled North Atlantic Prawns in a Smooth Thousand Island Dressing
- Buffalo Wings** £2.95
Chicken wings in BBQ Sauce
- Nachos & Cheese** £3.45
Warmed Nachos with cheese sauce, salsa & Jalapenos

PASTA MEALS

- Chicken Milano** £8.60
A creamy White Wine & Herb Sauce with Chicken gently folded into fresh cream and served with a choice of Pasta
- Spaghetti Amatriciana** £7.95
A rich tomato & meat sauce capped with red wine, herbs and a light sprinkle of peppers. Then gently simmered to bring out a rich and wholesome taste
- Farm Cured Ham Carbonara** £8.90
The Fourteen Locks Prides itself on this dish of Farm Slow Cured Ham covered in a Rich Cream & White Wine Sauce served with a choice of Pasta
- Seafood Smoke** £11.95
A mix of North Atlantic Prawns sautéed with Herbs and White Wine stoked up with Smoked Mackerel and cream
- Tomato & Basil (V)** £5.95
A rich blend of slow cooked tomatoes with herbs and an option of black olives laid over your Choice of Pasta

- Lasagne** £6.95
Made with Celtic Pride minced beef served with salad garnish and garlic bread

CHICKEN & RIBS

- Butterfly Supreme Chicken** £ 7.95
A healthy steak of skinless Chicken Breast Steak
- Jack Daniels ½ Chicken** £ 8.95
A Southern Treat Perfect with Cajun Fries
- Baby Back Ribs** £8.60
BBQ Sauce Ribs

*Chips £0.00 /
Cajun Chips
£1.00*

STEAKS & GRILLS

- 6oz Rump Steak** £6.95
Our Starter Steak – An ideal Quick Meal
- 8oz (1/2lb) Rib Eye Steak** £ 10.95
A little more time! Then wash this down with a Choice of Wines
- 8oz (1/2lb) Sirloin Steak** £11.95
Taste & Texture in every forkful!
- 10oz Gammon Steak** £ 8.60
A unique Thick D Cut
- 24oz Mixed Grill** £14.95
*6oz Rump, Lamb Chop, Sausage, Pork Chop, Eggs & Black Pudding
All Served with Portobello Mushroom, Seasoned Tomato, Choice of Chips, Jacket Potato, New Potato or mash.*

*Chips / Cajun
Chips? Plus Sauces
from £1.00*

TRADITIONAL MEALS

- Chicken with Red Wine** £8.60
The finest French style chicken garnished with baby onions, bacon lardons, fondant potato with red wine
- Barnsley Chop** £11.95
Tender Lamb chop flavour sealed and served with rich Mint Sauce
- Duck Seville** £12.95
Duck Fillet Pan Sealed and deglazed in Seville Orange with Cognac served with seasonal vegetables
- Pork Chop in Tarragon** £ 7.95
A thick Pork Chop in a delicate Tarragon Sauce. A perfect light but filling dish
- Ploughman's Lunch** £4.95
Ham, Dragon cheddar cheese and pickles served with salad garnish and a crusty baguette
- Chicken Caesar Salad** £4.85
Chicken tossed with salad and Caesar dressing served with garlic croutons and parmesan shavings
- Build Your Own Brunch** £3.99
*Chips or Hash Browns and two of the following
Bacon, Sausage, Beans, Tomatoes, Egg, Ham, Black Pudding
Add another item for 50p*
- Steak and Welsh Ale Pie** £5.95
Beefsteak slow cooked in a deeply flavoured Ale With puff pastry lid and choice of potatoes

*What's your
choice of
Potatoes?*

- Faggots and Mushy Peas** £5.50
Served with a rich gravy and a choice of potatoes
- Lamb Cawl - Traditional Welsh Stew** £5.50
Lamb broth with lentils and potatoes carefully seasoned to create a hearty and filling meal.

- Pork Loin Chop** £5.95
Served with spiced apple sauce and a choice of potatoes

- Sausage and Mash** £5.50
Pork and leek sausage with creamy mashed potato served with onion gravy

BURGER MEALS

- Original Burger** £5.95
A thick Beef Burger with Bacon and Cheese
- Open Range Burger** £6.95
Ground Beef in a Chilli Mix loosely piled on buns and smothered in cheese
- Ye Olde Oak King Burger** £6.35
A thick Beef Burger with Bacon, Cheese and sausage
- Chicken Burger** £5.95
Crisp Breaded Chicken steak in all flavour & moisture
- Cajun Burger** £5.95
A thick Beef Burger smothered in Cajun Spices and a hot salsa

*Chips / Cajun
Chips?*

TEX MEX

- Enchiladas Chicken / Chilli** £8.60
Tortilla stuffed with cheese and your choice of filling, smothered with a spicy enchilada sauce, cheese and jalapeno peppers, with mexican rice and sour cream
- Fajitas Chicken / Vry** £8.60
Served with Sautéed onion and peppers. To build with lettuce, cheese, salsa & sour cream with a stack of warm flour tortillas.
- Burritos Chicken / Ham / Chilli** £9.25
Tortilla filled with lightly spiced sautéed onions, peppers, tomatoes, mushrooms, green Chillies, cheese plus your filling. Topped with sour cream and salsa. Served with Mexican rice.
- Chilli Con Carne** £7.95
An Oak Tex-Mex chilli topped with cheese and cornchips. Served with mexican rice, garlic bread and sour cream
- The Naked Fajita** £9.25
The Oak-Mex ½ A Chicken covered in Fajita mix and char grilled to seal in all juices served with Chips & Salsa

*Don't be shy Call
for the Extra
Chillies*